

I am.

It thinks.

She feels.

He wills.

**Thinking about thinking –
“Reveals” the I am.
Sense free thinking.**

<u>Waking</u>	<u>Sleeping</u>	<u>Dreaming</u>	<u>Death</u>	<u>Meditation</u>
Physical	Physical	Physical	Physical	Physical
Etheric	Etheric	Etheric	-----	-----
Astral	-----	Astral	Etheric	Etheric
Ego	Astral	-----	Astral	Astral
	Ego	Ego	Ego	Ego

Physical: Mineral – Skeletal – Bone – Crystal

Etheric: Life Body – Aura – Water – Plants – Planets – Warmth – Life Force

Astral: Soul – Passions – Likes-Dislikes – Starry Heavens – Animal – Big Cats – Balance in Breath – Horizontal

Ego: I am – That only I can say – No one else – Vertical – Distinctly Human – Goes from incarnation to incarnation – Said in the holy of holies

Physical
Etheric
Astral
Ego

} 4 Fold

Physical
Etheric
Astral
Ego
Spirit Self
Life Spirit
Spirit Man

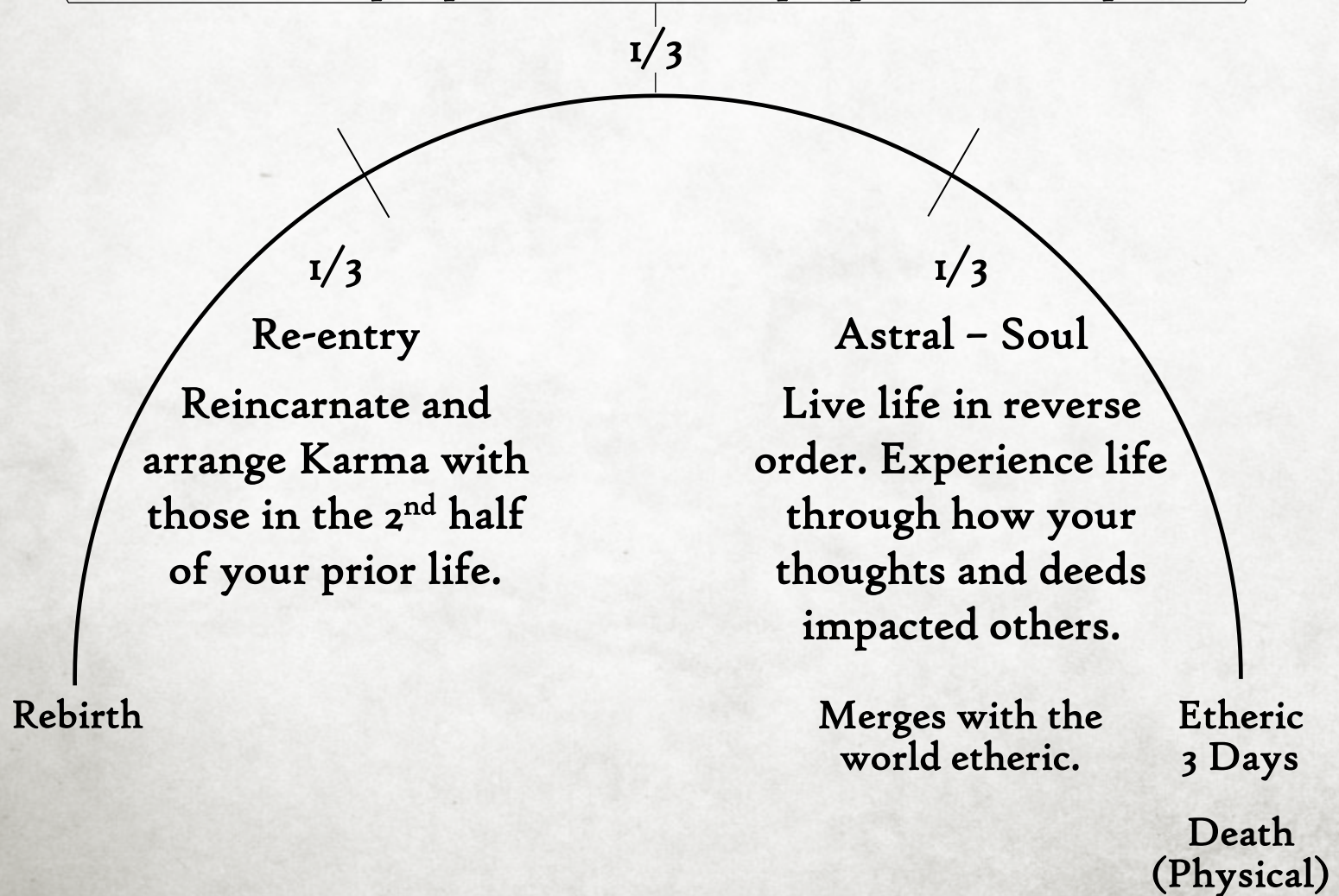
} 7 Fold

0-7	Physical	←
7-14	Etheric	←
14-21	Astral	←
21-28	Sentient Soul	←
28-35	Intellectual Soul	←
35-42	Consciousness	←
42-49	Spirit Self	←
49-56	Life Spirit	←
56-63	Spirit Man	←
63+	Age of Grace	←

} 9 Fold

I am – Ego – with Highest of Hierarchies:
Conscious – to the degree “I am” recognized on earth.

Meditate on an open path, or act on an open path with compassion.



Three times as long as a life.